



**ECW Diocese of Virginia**

**Lenten Quiet Day**

**Wednesday, April 2, 2014  
9:30 am to 3:00 pm**

**The Virginia Diocesan Center at Roslyn  
8727 River Road  
Richmond, Virginia**

**Be Ye Perfect-Or Not  
Women and the Sin of Perfectionism**

**Led by the Rt. Rev. Susan E. Goff  
Bishop Suffragan, Diocese of Virginia**

**Music led by Martha Burford  
Director of Music, Church of the Holy Comforter, Richmond**

**Open to all adults.**

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**ECW Lenten Quiet Day, April 2, 2014**

**Cost: \$30 (includes coffee, snacks, and lunch). Make check payable to ECW Diocese of Virginia.  
Please use a separate form for each person. Lenten Quiet Day is open to men and women.**

**Name** \_\_\_\_\_

**Complete Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

**Church & Location** \_\_\_\_\_

**Registrations due by March 17. Mail to: Bryn Roth, 108 Sleepy Hollow Trail, Fredericksburg, VA 22405**

# **Be Ye Perfect-Or Not Women and the Sin of Perfectionism**

## **A Lenten Quiet Day**

**Open to all adults!**

*Dress comfortably. Bring your Bible. Bring your journal or notebook and pen. Bring a friend or two as we take this Lenten journey together. Lunch, snacks, and Eucharist are included in our day together. Men are welcome to attend.*

### **The Rt. Rev. Susan E. Goff**

The Rt. Rev. Susan E. Goff is bishop suffragan of the Diocese of Virginia. She first joined the Bishop's staff as Canon to the Ordinary in January 2010, overseeing the day-to-day operations of various Episcopal ministries, including discernment and ordination processes for the diocese; misconduct prevention and responses; the Title IV ecclesiastical discipline canons; and the transition process for clergy and congregations.

Bishop Goff was consecrated on July 28, 2012. As bishop suffragan, she oversees mission churches, in addition to multicultural and ethnic ministries.

Bishop Goff came to the diocesan staff from St. Christopher's, Springfield, where she served as rector for 15 years. In addition to her work at St. Christopher's, she served as an adjunct instructor in liturgics at Virginia Theological Seminary. Prior to St. Christopher's, Bishop Goff served as rector at Immanuel, Old Church, as chaplain of St. Catherine's School, Richmond, and as chaplain of St. Margaret's School, Tappahannock. During her 31 years in ordained ministry in the Diocese of Virginia, she was a deputy to three General conventions, served on the Standing Committee for two terms, was dean of two regions and chaired or was a member of numerous diocesan committees and task groups. Bishop Goff earned her master of divinity degree, with distinction, from Union Theological Seminary in New York City. While a seminarian, she directed Eagle's Nest, the summer camp of the Diocese of Newark, for three summers. During a two-year leave of absence from the seminary, she lived and worked among the Arapaho people as a missionary on the Wind River Indian Reservation in Wyoming. Bishop Goff is married to the Rev. C. Thomas Holliday, an interim ministry specialist who has served numerous churches in the Diocese of Virginia.

For more information please contact Bryn Roth at [brynroth@cox.net](mailto:brynroth@cox.net) or (540) 373-9126.  
Please register by March 17, 2014.

